

## HLTH 147 | QUIZ 5 OF 29 (Lecture 8)

NAMES \_\_\_\_\_

What are the three *primary* types of skeletal muscle fibers?

List some differences between those three types of fibers?

What are hybrid (or mosaic) fibers?

Think about a myosin molecule. What's in it? And what are those things? And what do they do?

What factors other than myosin heavy chain contribute to a muscle's shortening velocity?

**Would a superficial biopsy be different from a deep biopsy?**

**Do muscle fiber types change? Explain your answer a bit.**

**What is neuronal (or axonal) sprouting? Does the distribution of a MU's muscle fibers change?**